



## CHILDREN'S PROGRAMS AND ACTIVITIES

Wintergreen Resort's nationally recognized children's programs make it the perfect mountain resort for extended family vacations. Designed with activities for all ages, its year-round calendar includes family campfires and storytelling, craft workshops and great winter sports. Nearby, families can tour the presidential homes of Thomas Jefferson at Monticello and James Monroe at Ash Lawn-Highland; travel through the pages of history at the Woodrow Wilson Presidential Library & Museum; journey back in time at the Frontier Culture Museum; or explore Poplar Forest, Thomas Jefferson's octagonal house.

### **The Treehouse**

(434) 325-8179

The Treehouse is the starting point for numerous activities for children ages 2 ½ to 12. Counselors are "fun experts" and know how to keep everyone active and happy while learning new skills. Children are grouped according to age and ability. A healthy staff/child ratio is maintained so that the resort can effectively provide children with a quality experience. The Treehouse is open during the summer and winter. All Treehouse programs require advance reservations. Rates and schedules vary according to season.

#### **Summer Treehouse Programs - Kids in Action:**

- Children ages 2½ to 5 years old will explore the world around them on fun and easy nature walks, play games indoors and outdoors, make arts and crafts, and listen to stories. These ages will also have a designated quiet time where napping is an option.
- Children ages 6 to 12 years old explore nature on easy-intermediate nature walks, play organized games outside, make arts and crafts and enjoy scavenger hunts.
- Both age groups will have afternoon activities visiting Discovery Ridge Adventure Center, Lake Monocan, archery, tennis and a surprise theme day. There will be an additional charge for the days we visit the Adventure Center, archery and tennis.
- Rates (\*based on a 24 hour advance reservation)
  - All Day (9am-4pm): \*\$59 for 1st child; \$40 for each additional child, lunch not included.
  - Half Day (9am-12pm or 1pm-4pm): \*\$39
  - Lunch: \$8
  - Add \$14 on Tuesday, Thursday and Saturday for Discovery Ridge Adventure Center visit.
  - Save \$10 (\$5 for a half-day) for a reservation made more than 24 hours in advance.

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### **Winter Treehouse Programs**

- **Childcare + Snow Play (age 3+)** Children receive one hour of introductory ski instruction at a designated time slot during their day. The rest of their day consists of enjoying arts, crafts and group games. This program is only offered for full-day participants. Includes rental equipment for the 1-hour introductory lesson and slope access pass for the duration of lesson.
- **Mountain Mornings (ages 3 to 6)** This five-week, midweek program through The Treehouse is a great way to teach kids to ski. The program includes approximately two hours of on-snow lesson time per lesson, 4-hour Lift ticket and rental equipment, as well as other fun activities. Also included is a free lift ticket for the parent to enjoy while the child is in the program. Offered certain weeks throughout the winter.
- **Ridgely's Rippers (ages 4 to 12)** A great way to spend the day with new friends who have the same skiing ability. Full day program includes approximately four hours of ski lesson instruction, lunch, snacks and hot chocolate. Program price does not include lift tickets or rentals (participants must have a valid lift ticket and can purchase a discounted lift ticket and equipment rental at time of reservation or at check-in).
- **Mountain Explorers (Ages 7-14)** For Intermediate Level 4 and above, skiing or snowboarding. Each participant must be able to ski/snowboard on their own proficiently and be able ride Blue Ridge Express and big Acorn chairlifts without assistance. Includes advanced instruction, snacks and hot chocolate breaks (lunch is included for full-day participants). Program price does not include lift tickets or rentals (participants must have a valid lift ticket and can purchase a discounted lift ticket and equipment rental at time of check-in).
- **Mountain Explorers 5-Pack Pass (Ages 7-14)** Mountain Explorers 5-Pack is a multiple day program for skiers and riders ages 7-14 who are looking for a multi- day program with the same level of instruction to help improve their skills as is found in the Mountain Explorers single day program. Mountain Explorers Pro takes the relationship created in the single day product and develops it over five consecutive weeks by maintaining the same instructor. This program is designed to help young skiers and riders develop skills that are compatible with joining the Wintergreen Freeride and Race Teams, all while offering a fun, supportive, social atmosphere.

### **Babysitting Service**

- An approved babysitting list is available at the Front Desk, or call 434-325-2200 and a list will be emailed or faxed to you. Rate starts at \$14 per hour.
- Kids in Action and Kids Night Out can be offered to large groups as a substitute for babysitting. Call 434-325-8179 for more information.

### **The Nature Foundation at Wintergreen**

434-325-8169

The Trillium House at Wintergreen Resort is the home of the Nature Foundation at Wintergreen, a nonprofit organization offering nature hikes, environmental education and family programs, [www.twnf.org](http://www.twnf.org).

- **Robin's Nook:** This children's play area at the Nature Foundation's Trillium House is geared towards youngsters who need a space of their own. There is a puppet theater, games, an art center, nature's basket and children's library. The Robin's Nook is free and open daily, children must be accompanied by an adult. Hours vary by season.
- **Wild! Adventures:** Each summer The Nature Foundation's Wild! (Wilderness Interactions Lead to Dreams) adventures offer hands-on learning opportunities for young naturalists to explore new interests. Positive nature experiences will lead to lifelong memories and interests in the outdoors.

### Aquatics & Fitness

434-325-8562

With a well-equipped exercise center and experienced staff, Wintergreen offers the very best in total body fitness while surrounding you with a beautiful and naturally rejuvenating environment. The Aquatics & Fitness Center is a smoke free facility both indoors and out.

- **Exercise Facilities (16 and older):** Fitness center with a strength and conditioning circuit and free weights. Cardiovascular equipment includes treadmills, stationary bicycles and ellipticals.
- **Swimming Pools:** The Fitness Center indoor pool is open year-round. All Wintergreen outdoor pools are open daily from Memorial Day weekend to Labor Day. Outdoor pools are located at the Aquatics & Fitness Center and Stoney Creek Golf Course.
- **Lake Monocan,** located in Stoney Creek, offers a sandy beach and all kinds of lake fun. The lake is open Memorial Weekend through Labor Day.

### Spa

434-325-8562

Our teen and tween services are designed for our next generation of spa visitors. Teen services are for ages 15-17 and Tween services are for ages 9-14. We recommend both teens and tweens wear bathing suits for spa services and parental accompaniment is always welcome.

- **Teen Facial** - 50 minutes, \$94 weekend; \$84 midweek
- **Teen Rub my Back and Feet** - 25 minutes, \$69 weekend; \$64 midweek with parental consent and same gender therapist
- **Teen Hands Down Manicure** - 25 minutes, \$29 weekend, \$24 midweek; 50 minutes, \$39 weekend, \$34 midweek
- **Teen Footloose Pedicure** - 25 minutes, \$39 weekend, \$34 midweek; 50 minutes, \$49 weekend, \$44 midweek
- **Tween Ice Cream Sundae Manicure & Pedicure** - 50 minutes, \$49 weekend, \$44 midweek
- **Teen BFF Sundae Package** - 75 Minutes, \$120 for two and includes gratuity
- **Diva Day With Mom** - 75 Minutes, \$200 for two and includes gratuity
- **Teen Makeup Art 101** - 25 minutes, \$50

### **Snowsports Programs**

434-325-8065

Beginner ski and snowboard group lessons (ages 6 and up) are offered for those who have never skied or who have only tried skiing once or twice. Intermediate and Advanced lessons are for those who have skied or snowboarded before and want to advance to the next level while improving their technique. Groups are organized according to age and ability levels.

- **Beginner Group Lessons: (ages 8 and up)** When renting Wintergreen equipment, guests receive a 50% discount on group beginner lesson.
- **Children's Private/Semi-Private Lessons:** Dedicated children's instructors are available for private and semi-private ski and snowboarding lessons.
- **Mighty-Mite** For children ages 6-7, we offer beginner and advanced beginner group ski lessons. Good for children who have never skied or have only tried one to two times.
- **Mountain Explorers: (ages 7 to 14)** Includes lift access, 2 ½ hour lesson, practice time, lunch and snacks. Rentals not included.
- **Mountain Explorers Pro:** A multiple day program for skiers and riders of all ages looking for a program to help improve their skills over a five week period.
- **Wintergreen Adaptive Skiing:** Nonprofit organization that provides skiing and snowboarding lessons to children and adults with disabilities, [www.skiwas.org](http://www.skiwas.org).

### **Junior Golf Programs**

434-325-8255

- **Junior Golf Clinic:** Offered in conjunction with the Resort Daily Clinic, for junior golfers ages 7 to 14. Focus is on teaching the fundamentals of golf with fun games in a group environment.
- **Junior Tennis/Golf Programs:** Children ages 7 to 14 are invited to participate in this popular program that exposes them to both golf and tennis. This summer program runs out of Stoney Creek June through August and is offered from Monday –Thursday. Sign up for the week or just a day and let your children enjoy “fun”amentals in both sports.
- **Nike Junior Golf Camps:** US Sports Camps and Wintergreen Resort have teamed up to present the Nike Junior Golf Camp. Camp offerings are held each summer for the junior golfer who is either a beginner or a tournament player. Session options include a weeklong overnight camp, an extended day camp or a day camp. Pricing and details about the Nike Camp can be found on the resort's golf webpage at [wintergreenresort.com](http://wintergreenresort.com) or [ussportscamps.com](http://ussportscamps.com).

### **Junior Tennis Programs**

434-325-8235

- **Mighty Mite Junior Clinic:** Children ages 4-6 and under are invited to this half-hour clinic where they participate in drills and games, learning the FUNdamentals of tennis.
- **Junior Tennis/Golf Programs:** Children ages 7 to 14 are invited to participate in these all-day tennis and golf clinics. Grouped by age and ability, students will be taught the fundamentals of both sports through drills, fun games and supervised play. This four-day program is offered weekly June through August.
- **Nike Junior Tennis Camps:** US Sports Camps and Wintergreen Resort have teamed up to present the Nike Junior Tennis Camps. Camp offerings are held each summer for the junior player who is either a beginner or a tournament player. Session options include a weeklong overnight camp, an extended day camp or a day camp. Pricing and details about the Nike Camp can be found at [wintergreenresort.com](http://wintergreenresort.com) or [ussportscamps.com](http://ussportscamps.com).
- **After School Junior Tennis Academy:** For Future Stars (ages 6-10) and Varsity Class (ages 11-18). Future Stars focuses on proper swing and how to handle the racquet. Learning is paced for younger players and supplemented by fun games and drills. Varsity Class is designed for junior players slightly older with a more mature physique. Class will focus on reviewing basics and learning advanced strokes. Drills consist of feeding, live-ball and point situational match play. This program is offered twice a week for five consecutive weeks.

### **Discovery Ridge Adventure Center**

434-325-8180

Discovery Ridge Adventure Center at Wintergreen Resort is where your family vacation begins, with indoor and outdoor fun for the entire family. Experience a thrilling Blue Ridge family vacation in the mountains - with a host of activities that will satisfy even the most adventurous spirit.

#### **Outdoor Activities**

- **The ZIP-** It's a bird, it's a plane - no, it's fun on [The Zip!](#) For those adventure seekers who need a fast ride filled with thrills and chills, it's 900 feet in under 30 seconds - don't blink! - Minimum weight: 75 pounds, Max weight: 250 pounds, Ages 8 and older - \$14 per ride, \$19 for two rides for one person
- **The Plunge Tubing Park:** Imagine being ten stories high and traveling over three football fields - that's The Plunge. From December - March, enjoy [Snowtubing](#). Winter Rates: 90 minute session \$19 midweek, non-holiday; \$27 weekend/holiday. During the summer months, enjoy [Summer Tubing!](#) - \$11 for one-30 minutes session; \$15 for one-hour session
- **Ridgely's Fun Park:** It's the best place for young children to play outside. Hang out in the tee pee and watch movies under the stars. In the winter it's the greatest play to play in the snow. No entry fee for summer; \$18 for ages 3-11 and must be accompanied by a ticketed adult.
- **Bungee trampoline:** a hybrid trampoline / bungee apparatus, enabling jumpers to reach heights of 25 feet and higher. - \$11
- **Climbing wall:** a 25-foot structure with a belay apparatus on top, featuring varying degrees of difficulty. - \$11
- **Miniature golf on our 18-hole course:** featuring a wooded playing area with trees, giant rocks, and native plants. - \$6

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- **Campfire Facility** available for groups and private functions, with s'mores kits available for purchase.

### **Indoor Activities**

\$19 for two hours.

- 4 Kinect Systems
- 12 station - 8 Xbox 360s and 4 Nintendo Wiis
- 42-inch plasma TVs and comfy game rocker chairs at every station
- Wifi Lounge
- Foosball
- Pool Table
- Air Hockey
- Theater showing sporting events and videos
- Toddler Inflatable - Bounce Bot \$8; socks required

### **Birthdays at Discovery Ridge!**

Host your next birthday party at Discovery Ridge. All birthday package pricing based on arrangements made in advance.

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