

Wintergreen Resort

PUMPKINS GREAT FOR CARVING, BAKING ... AND FOR SPECIAL AUTUMN SPA TREATMENTS AT WINTERGREEN RESORT



WINTERGREEN, Va. (Sept. 30, 2016) —The Spa at Wintergreen provides the ideal opportunity for girlfriends to gather at Wintergreen Resort, reconnect friendships, rejuvenate body and mind, and indulge in tempting fall spa specials in a serene mountaintop setting. Located in Virginia's beautiful Blue Ridge Mountains, the Spa's autumn services are ripe with the pumpkin's revitalizing properties that promise welcome refreshment for sun-parched summer skin.

Harvested from the nourishing ingredients found in fall's favorite squash, Wintergreen's Fall seasonal treatments feature a bounty of pumpkin-sourced products. Pumpkin contains the free radical-busting antioxidants beta carotene and vitamins A, C and E that speed up healing and enhance well-being.

Pumpkin Chai Pampering soothes with a sugar scrub that replenishes and exfoliates skin. It is followed by a Vichy shower that rinses away stress and leaves the body ready to receive an application of hydrating oil. Warm stones are then placed on the back to increase circulation and ease muscle aches. Rates for 50-minute treatments are \$109 (midweek) and \$119 (weekends/holidays).

The Autumn Harvest Facial and Wrap is a nourishing way to prepare skin for the cold months ahead. A 25-minute facial taps the resources of yam and pumpkin enzymes and combines them with a 25-minute hydrating full-body oil wrap. Rates are \$114 and \$124.

Pumpkin Chai Organic Massage infuses dry skin with pumpkin seed oil, organic sunflower oil and Jojoba oil. This 50-minute massage delivers a super highway of nourishing properties for body and mind. Rates are \$99 and \$109.

Wintergreen Resort accommodations are ideal for girlfriend getaways, couples, and families. Options include 230 villa-style condominiums and rental homes, from studio suites to nine-bedroom homes, each offering a fully-equipped kitchen, and comfortable living area, and most come with fireplaces, a balcony or deck.

For more information call 888-329-5828 or visit www.wintergreenresort.com.

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About Wintergreen Resort: Wintergreen Resort is an 11,000-acre, four-season resort located in the Blue Ridge Mountains southwest of Charlottesville, Va. This beautiful hideaway is the ultimate vacation and conference spot, nearly 230 condominium-style accommodations; 45 holes of championship golf; snow skiing, snowboarding and snow tubing; an award-winning tennis program; a full-service, destination spa; 40,000 square feet of meeting and event space; and savory dining options. The resort is located adjacent to the Blue Ridge Parkway in beautiful central Virginia near Charlottesville, just 90 minutes from Richmond, Va., three hours from Washington, D.C. and Raleigh, N.C., five and a half hours from Philadelphia, and eight hours from Atlanta. For more information, guests can call (434) 325-2200 or visit the resort's web site at www.wintergreenresort.com.

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